
MICHAEL CESTA

drmlcesta@msn.com

—MEDICAL DIRECTOR, PSYCHIATRIC SERVICES—

Uniquely qualified, versatile, multi-faceted and highly resourceful physician executive, seeking the newly designed position as Chief for psychiatric service and chemical dependency services for the VAMC.

P R O F I L E

Extensive experience as a physician executive based on a comprehensive clinical background in all areas of psychiatry and internal medicine. After conclusion of the combined residency at the University of Virginia in both internal medicine and psychiatry leading to dual board certification I developed a career as a physician executive and practitioner successfully founding, developing, and running a profitable multispecialty group while serving as the medical director and chairman of psychiatry for community-based care continuum. Now functioning as a physician executive in the large insurer industry involved in all aspects of the design, development and administration of clinical products in the field of behavioral medicine and general medicine. Providing clinical leadership to large operational centers employing several hundred people.

S U M M A R Y O F Q U A L I F I C A T I O N S

- Highly versatile skill set than includes comprehensive clinical practice in psychiatry in internal medicine as well as functioning as a physician executive in the insurance industry.
- Capable of understanding not only clinical needs of patients, but administrative needs of large facilities and how they interact with the public and private sector.
- Experience managing all levels of clinicians including executives, medical directors and practicing physicians.
- Direct experience in managing large operational entities servicing over 10 million lives.
- Capacity to analyze complex clinical data to ascertain patterns, clinical direction and focus of future interventions
- Directly responsible for the integration of behavioral medicine and general medicine in a Fortune 20 company

P R O F E S S I O N A L E X P E R I E N C E

SENIOR MEDICAL DIRECTOR ■ UNITED HEALTH GROUP, MINNETONKA, MINNESOTA ■ 2007 - PRESENT

- Direct integration of psychiatric services and medical services
- Report directly to the Chief Medical Officer of Specialized Care Services with duties in designing and developing integrated care for United Health Group's customers
- Engage in the operations and management of multiple clinical sites within United Healthcare across the country, handling extensive internal and external work
- Oversee operations of clinical sites and strategic development of new operational strategies, addressing more sophisticated needs of customers
- Support the sales team and provide clinical presentations in both public government and private sector
- Interact with all the business sectors within United Health Group specifically United Behavioral Health, United Healthcare, and specialized care solutions; manage executives up to the vice president level, other medical directors, frontline clinical staff, as well as administrative staff

CHIEF MEDICAL OFFICER ■ DEFINITY HEALTH, LOCATION ■ 2005 - PRESENT

- Handled all clinical management and decision-making from administrative point of view for Definity Health's 1.5 million members

MICHAEL CESTA

drmlcesta@msn.com

- Implemented extensive operational involvement, clinical oversight and education of frontline staff, and participation in organization examination review in both areas of internal medicine and psychiatry
- Analyzed data for specific customers, tailored clinical programs for each customers, and presented information directly to the executive leadership teams
- Served as Clinical Supervisor of approximately 200 staff, delivering broad, strategic, and tactical approaches to manage customers and business development

LEAD/NATIONAL MEDICAL DIRECTOR ■ CIGNA BEHAVIORAL HEALTH, EDEN PRAIRIE, MN
2004 - 2005

- Focused on operations of a managed behavioral health care organization which provided services to 10 million members in the public and private sector, including supervision of approximately 200 frontline clinical staff in the behavioral health area
- Delivered outstanding analysis of clinical data from both the clinical and financial point of view and interpreted data to determine the best approach to meet client's needs

CHIEF EXECUTIVE OFFICER ■ **COMPREHENSIVE HEALTH SERVICES**, FISHERSVILLE, VIRGINIA
1999 - 2004

- Acted as Medical Director and Chairman of Psychiatry at Augusta Medical Center in Fishersville Virginia; performed a full-time clinical practice in Psychiatry and Internal Medicine as well as administrative responsibilities within the hospital leadership and within private practice
- Directed multiple physicians, advanced practice nurses, social workers, psychotherapists, and a variety counselors which provided full continuum of psychiatric services to community
- provided electroconvulsive therapy, consultation liaison services, inpatient psychiatric services, partial hospital program, IOP in areas of psychiatric medicine and chemical dependency
- Maintained a complete clinical practice integrated with the needs of the local medical center

EDUCATION

Diplomate, American Board of Internal Medicine

CERTIFIED, NOVEMBER, 1996
RECERTIFIED, NOVEMBER, 2006

DIPLOMATE, AMERICAN BOARD OF PSYCHIATRY AND NEUROLOGY

CERTIFIED, MAY 1999

Doctor of Medicine: 1992

NEW YORK MEDICAL COLLEGE, VALHALLA, NEW YORK
GRADUATED IN TOP QUARTILE OF CLASS

Master's Degree in Computer Science: 1984

MARIST COLLEGE, POUGHKEEPSIE NEW YORK

Bachelor's Degree in Computer Science & Mathematics: 1984

VASSAR COLLEGE, POUGHKEEPSIE NEW YORK

LICENSES

Unrestricted licenses in Vermont, Connecticut, New York, Virginia, Florida, Minnesota, Arizona, and South Carolina

Active DEA number

TRAININGS

The University of Virginia Combined Residency in Internal Medicine and Psychiatry: 1992 - 1997

AFFILIATIONS

The American College of Physicians, **Fellow** ■ The American Psychiatric Association, **Member**

MICHAEL CESTA

drmlcesta@msn.com

ACTIVITIES

Adjunct Associate Professor in the school of nursing at the University of Virginia, 2000 -- 2004

Adjunct Full-Professor in the division of health sciences at James Madison University, 2000 -- 2004